From Stride Toward Freedom By: Dr. Martin Luther King Jr.

Oppressed people deal with their oppression in three characteristic ways. One way is acquiescence: the oppressed resign themselves to their doom. They tacitly adjust themselves to oppression and thereby become conditioned to it. In every movement toward freedom some of the oppressed prefer to remain oppressed. Almost 2800 years ago Moses set out to lead the children of Israel from the slavery of Egypt to the freedom of the Promised Land. He soon discovered that slaves do not always welcome their deliverers. They become accustomed to being slaves. They would rather bear those ills they have, as Shakespeare pointed out, than flee to others that they know not of. They prefer the "fleshpots of Egypt" to the ordeals of emancipation. There is such a thing as the freedom of exhaustion. Some people are so worn down by the yoke of oppression that they give up. A few years ago in the slum areas of Atlanta, a Negro guitarist used to sing almost daily: "Been down so long that down don't bother me." This is the type of negative freedom and resignation that often engulfs the life of the oppressed.

But this is not the way out. To accept passively an unjust system is to cooperate with that system: thereby the oppressed become as evil as the oppressor. Non-cooperation with evil is as much a moral obligation as is cooperation with good. The oppressed must never allow the conscience of the oppressor to slumber. Religion reminds every man that he is his brother's keeper. To accept injustice or segregation passively is to say to the oppressor that his actions are morally right. It is a way of allowing his conscience to fall asleep. At this moment the oppressed fails to be his brother's keeper. So acquiescence-while often the easier way-is not the moral way. It is the way of the coward. The Negro cannot win the respect of his oppressor by acquiescing; he merely increases the oppressor's arrogance and contempt. Acquiescence is interpreted as proof of the Negro's inferiority. The Negro cannot win the respect of the white people of the South or the peoples of the world if he is willing to sell the future of his children for his personal and immediate comfort and safety.

A second way that oppressed people sometimes deal with oppression is to resort to physical violence and corroding hatred. Violence often brings about momentary results. Nations have frequently won their independence in battle. But in spite of temporary victories, violence never brings permanent peace. It solves no social problem; it merely creates new and more complicated ones.

Violence as a way of achieving racial justice is both impractical and immoral. It is impractical because it is a descending spiral ending in destruction for all. The old law of an eye for an eye leaves everybody blind. It is immoral because it seeks to humiliate the opponent rather than win his understanding; it seeks to annihilate rather than to convert. Violence is immoral because it thrives on hatred rather than love. It destroys community
and makes brotherhood impossible. It leaves society in monologue rather than dialogue. Violence ends by defeating itself. It creates bitterness in the survivors and brutality in the destroyers. A voice echoes through time saying to every potential Peter, "Put up your sword." History is cluttered with the wreckage of nations that failed to follow this command.

If the American Negro and other victims of oppression succumb to the temptation of using violence in the struggle for freedom, future generations will be the recipients of a desolate night of bitterness, and our chief legacy to them will be an endless reign of meaningless chaos. Violence is not the way.

The third way open to oppressed people in their quest for freedom is the way of nonviolent resistance. Like the synthesis in Hegelian philosophy, the principle of nonviolent resistance seeks to reconcile the truths of two opposites acquiescence and violence while avoiding the extremes and immoralities of both. The nonviolent resister agrees with the person who acquiesces that one should not be physically aggressive toward his opponent; but he balances the equation by agreeing with the person of violence that evil must be resisted. He avoids the nonresistance of the former and the violent resistance of the latter. With nonviolent resistance, no individual or group need submit to any wrong, nor need anyone resort to violence in order to right a wrong.

It seems to me that this is the method that must guide the actions of the Negro in the present crisis in race relations. Through nonviolent resistance the Negro will be able to rise to the noble height of opposing the unjust system while loving the perpetrators of the system. The Negro must work passionately and unrelentingly for full stature as a citizen, but he must not use inferior methods to gain it. He must never come to terms with falsehood, malice, hate, or destruction.

Nonviolent resistance makes it possible for the Negro to remain in the South and struggle for his rights. The Negro's problem will not be solved by running away. He cannot listen to the glib suggestion of those who would urge him to migrate en masse to other sections of the country. By grasping his great opportunity in the South he can make a lasting contribution to the moral strength of the nation and set a sublime example of courage for generations yet unborn.

By nonviolent resistance, the Negro can also enlist all men of good will in his struggle for equality. The problem is not a purely racial one, with Negroes set against whites. In the end, it is not a struggle between people at all, but a tension between justice and injustice. Nonviolent resistance is not aimed against oppressors but against oppression. Under its banner consciences, not racial groups are enlisted.

If the Negro is to achieve the goal of integration, he must organize himself into a militant and nonviolent mass movement. All three elements are indispensable. The movement for equality and justice can only be a success if it has both a mass and militant character; the
barriers to be overcome require both. Nonviolence is an imperative in order to bring about ultimate community.

A mass movement of a militant quality that is not at the same time committed to nonviolence tends to generate conflict, which in turn breeds anarchy. The support of the participants and the sympathy of the uncommitted are both inhibited by the threat that bloodshed will engulf the community. This reaction in turn encourages the opposition to threaten and resort to force. When, however, the mass movement repudiates violence while moving resolutely toward its goal, its opponents are revealed as the instigators and practitioners of violence if it occurs. Then public support is magnetically attracted to the advocates of nonviolence, while those who employ violence are literally disarmed by overwhelming sentiment against their stand.

“Necessary to Protect Ourselves”: Malcolm X Interviewed by Les Crane

**Crane**: You’ve been a critic of some of the Negro leadership in this country-- Martin Luther King, Roy Wilkins, Abernathy,1 and others--have you changed in your feelings toward them of late?

**Malcolm X**: I think all of us should be critics of each other. Whenever you can’t stand criticism you can never grow. I don’t think that it serves any purpose for the leader of our people to waste their time fighting each other needlessly. I think that we accomplish more when we sit down in private and iron out whatever differences that may exist and try and then do something constructive for the benefit of our people. But on the other hand, I don’t think that we should be above criticism. I don’t think that anyone should be above criticism.

**Crane**: Violence or the threat of violence has always surrounded you. Speeches that you’ve made have been interpreted as being threats. You have made statements reported in the press about how the Negroes should go out and arm themselves, form militias of their own. I read a thing once, a statement I believe you made that every Negro should belong to the National Rifle Association.

**Malcolm X**: No, I said this: That in areas of this country where the government has proven its--either its inability or its unwillingness to protect the lives and property of our people, then it’s only fair to expect us to do whatever is necessary to protect ourselves. And in situations like Mississippi, places like Mississippi where the government actually has proven its inability to protect us and it has been proven that often times the police officers and sheriffs themselves are involved in the murder that takes place against our people then I feel, and I say that anywhere, that our people should start doing what is necessary to protect ourselves. This doesn’t mean that we should buy rifles and go out and initiate attacks indiscriminately against whites. But it does mean that we should get whatever is
necessary to protect ourselves in a country or in an area where the governmental ability to protect us has broken down.

**Crane:** Therefore you do not agree with Dr. King’s Gandhian philosophy?

**Malcolm X:** My belief in brotherhood would never restrain me in any way from protecting myself in a society from a people whose disrespect for brotherhood makes them feel inclined to put my neck on a tree at the end of a rope.

**Crane:** Well, it sounds as though you could be preaching a sort of an anarchy.

**Malcolm X:** No, no. I respect government and respect law. But does the government and the law respect us? If the FBI, which is what people depend upon a national scale to protect the morale and the property and the lives of the people, can’t do so when the property and lives of Negroes and whites who try and help Negroes are concerned, then I think that it’s only fair to expect elements to do whatever is necessary to protect themselves.

And this is no departure from normal procedure. Because right here in New York City you have vigilante committees that have been set up by groups who see where their neighborhood community is endangered and the law can’t do anything about it. So—and even their lives aren’t at stake. So—but the fear, Les, seems to come into existence only when someone says Negroes should form vigilante committees to protect their lives and their property.

I’m not advocating the breaking of any laws. But I say that our people will never be respected as human beings until we react as other normal, intelligent human beings do. And this country came into existence by people who were tired of tyranny and oppression and exploitation and the brutality that was being inflicted upon them by powers higher than they, and I think that it is only fair to expect us, sooner or later, to do likewise.